

Rivercourt Methodist Church

Rivercourt News

February 2018

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Happy to Help!

If you are interested in any items mentioned in the newsletter, want a confidential word, or have views that you would like to express, please contact any of the church stewards.

Juliana

Francess



Dates For Your Diary

February 2018

Mo	Tu	W	Th	Fr	Sa	Su
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	1	2	3	4

Sun 12th Nov – Glass Door Nightshelter at
Sun 08th April., Rivercourt (see item)

Sun 11th Feb., 12.30pm Church Council Meeting

Tue 13th Feb., Shrove Tuesday

Wed 14th Feb., 11.30am Ash Wednesday service at
Fulham Broadway

Wed 14th Feb., 7.00pm Ash Wednesday service at
Chelsea Methodist

Mon 26th Feb – Fairtrade Fortnight
Sun 11th Mar

Wed 28th Feb., 7.15pm Circuit Meeting

Remember, Remember

Seven years will have passed since our dear Doreen's death. Please say a special prayer for her family during this time. Her candle continues to burn brightly in our hearts

Doreen Sonya Brackett- Died 9th February 2011

One year will have passed since our dear Nigel Spearing's death. Please say a special prayer for his family during this time. His candle continues to burn brightly in our hearts



Thank you:

All those Rivercourt and non Rivercourt Church members who have and continue to volunteer for the Nightshelter. Without you all the Nightshelter would not be such a success.

Kwaku for being a brilliant organist and helping us worship through song.



**Our prayers are
with you all**

Please pray for:

Family and friends of Doreen Brackett as they mourn the six year anniversary of her death.

Family and friends of Nigel Spearing as they mourn the one anniversary of his death.

All those Church members who passed away around this time; Seth Odi, *Connie Appiah-Nuamah* and Mick Gowland. Our prayers are with their families and friends.

Volunteers required! Can you help?

We are currently hosting the Open Doors Nightshelter Project.

There are many ways of helping. So please get involved.

Cooking

Could you come in at 6pm and cook for our guests using a recipe that will be provided?

Shopping

Could you Buy the food from a shopping list that will be provided? (The cost of the food will be reimbursed)

Setting up

Could you Arrive at 7pm Set up table and chairs and chat to our guests?

Serving

Could you Arrive between 6.30pm & 7pm Heat up the food, serve and wash up?

Praying

Could you Undertake to pray for our guests and the work of the nightshelter at least once a week?

Giving

Could you Give money, toiletries, clothes, and food for the work of the nightshelter?

If you could do any of these things please see Steve or a steward.

Rivercourt Offertory

Did you know there are different ways to make contributions to the running of Rivercourt apart from putting cash in the collection bags on a Sunday?

Please take a moment to read about what happens to your money. You may wish change what you do in the coming year.

Some church members use envelopes - these are a way to monitor your giving so you can be sure to make regular contributions, even when you miss church. Each March members are given a set of envelopes, one for each Sunday in the year. They are dated so you can put in a weekly contribution and if your miss a Sunday you can put the envelope for it into the offertory bag the next time you are in church.

Some church members use standing orders - these allow you to make a regular monthly contribution to Rivercourt with the bank doing the work (no more looking for cash on a Sunday). If you notice people who do not put cash into the offertory bags it is likely that they are making their contributions in this way.

Gift Aid - as a registered charity Rivercourt can reclaim the income tax paid by its members on the contributions they make to the church. This means the church gets an additional 25% on these contributions.

There are two main ways in which this is possible.

1) Individuals sign a Gift Aid Declaration form. This allows Rivercourt to reclaim the tax on **all** contributions made by

the individual. You have to be a tax payer in order to sign a Gift Aid Declaration.

2) Any loose change or envelope contributions that are **£20 or less**. Tax can be reclaimed on all such small amounts. However, no tax can be reclaimed for sums above £20.

The tax we are able to reclaim within the Gift Aid scheme is significant (it can be thousands of pounds). The scheme allows charities to reclaim tax that has already been paid to the government.

This is the time when I prepare the offertory envelopes for members who wish to use them. Please consider the way you make your offertory: maybe you want to adopt a new method this year. Do let me know if you want to make a change - if you no longer need envelopes; if you still wish to use envelopes; if you should like to start using envelopes. If you are interested in joining the Gift Aid scheme I shall be very pleased to provide you with more information.

Thank you for taking the time to consider this.

Fiona (Gift Aid secretary)

So Swift the Way! So Short the Day!

'In this fast-moving world of turmoil and tension,
With problems and troubles, too many to mention,
Our days are so crowded and our hours are so few,
There's so little time and so much to do ...

We are pressured and pushed until we are 'dizzy',
There's never a minute we're not 'crazily busy',
And sometimes we wonder as we rush through the day –
Does God really want us to hurry this way?

Why are we impatient and continually vexed,
And often bewildered, disturbed and perplexed?
Perhaps we're too busy with our own selfish seeking
To hear the dear Lord when He's tenderly speaking.

We are working so tensely in our self-centered way,
We've no time for listening to what God has to say,
And hard as we work, at the end of the day
We know in our hearts we did not 'pay our way' . . .

But God in His mercy looks down on us all,
And though what we've done is so pitifully small,
He makes us feel welcome to kneel down and pray
For the chance to do better as we start a new day,
And life would be better if we learned to rely
On our Father in heaven without asking 'Why' . . .
And if we'd remember as we rush through the day,
'The Lord is our Shepherd and He'll lead the way' . . .

So don't rush ahead in reckless endeavor,
Remember 'He leadeth' and 'His time is forever'!

Written by: Helen Steiner Rice

Submitted by: Margaret

Cook's Corner

Malaysian Scallop and Prawn Curry

Serves: 4

Preparation time: 20 minutes

Cooking time: 20-25 minutes

Ingredients

1 table spoon chilli powder
1 teaspoon ground coriander
2 teaspoons ground cumin
2 garlic cloves, crushed
1 onion finely chopped
6 tablespoons finely chopped lemon grass
1 tablespoon grated galangal or fresh root ginger
1 tablespoon grated palm sugar
½ teaspoon shrimp paste
2 table spoon finely chopped unroasted peanuts
600ml coconut milk
200g green beans trimmed and halved
500g raw tiger prawns
500g raw scallops

To garnish

Thai basil leaves
Chopped roasted peanuts
Chopped red chillies

Cooking Instructions

Place the chilli powder, ground coriander, cumin, garlic, onion, lemon grass, galangal or ginger, palm sugar, shrimp paste, peanuts and coconut milk in a food processor and process until fairly smooth.

Place a large wok over a high heat and add the spice mixture. Bring to the boil, reduce the heat and simmer gently, uncovered for 12-15 minutes, stirring occasionally.

Add the green beans, prawns and scallops and bring back to the boil. Reduce the heat and simmer gently for 6-8 minutes or until the prawns and scallops are cooked through.

Remove from the heat and scatter over some Thai basil leaves, chopped roasted peanuts and slice red chilli before serving.

For spicy squid and prawns, add 350g squid rings instead of the scallops and proceed as above. Serve with rice sticks or cellophane noodles instead of rice.

Submitted by Margaret



TRAIDCRAFT
Fighting poverty through trade

Mercedes, Dionica and Gladys

These ladies are members of the Coopain and have lived in Cabana their whole lives. Mercedes is part of the supervisory committee of the Cooperative and so is very involved in Fairtrade negotiations. As well as working in the fields to produce the quinoa flour, she can also have a say in its sale and usage.

Thanks to the Fairtrade scheme Dionica has been able to send her two children to study in Lima and Juliaca. Her husband sells the quinoa they harvest together at above market price so they can continue to farm sustainably; and then it's shipped to Traidcraft so we can add a protein hit to our GEOSTICKS.

Gladys works in the field with her husband, and her children have now left to work in the city. They like to help their parents out so Gladys now has the time and money to make her own cheese and her special recipe 'Mazamorra', a blend of milk, cheese and the same quinoa flour Traidcraft use!.

More generally, the Coopain's involvement with Fairtrade and Traidcraft has allowed these woman to move with the times. Amongst other things they have purchased two tractors, meaning they can now harvest a field in a couple of hours quiet easily, instead of having to do it manually over a few days.

Its thanks to all you who buy our GEOSTICKS that we are able to support these woman and many like them, making a difference in their lives

Margaret

A message from the editor

Happy New Year to you all! I hope you all had a blessed Christmas and a peaceful New Year. I pray that the year 2018 brings you all that you wish for and more.

Tell me how you spent your Christmas? Did you stay in London or travel to see friends and family? Either way let me know so I can include in next month's newsletter. Send me details via the below mediums:

You could contact us via any of the below mediums:

- Written items can be placed in the Newsletter Wallet which is available in the Church Lounge.
- By speaking directly to me following a Sunday service.

The deadline for the March edition is Sunday 25th February.

Kindest regards,

Juliana

Services in the coming period

Sunday 4th Feb., 11.00am Holy Communion, Preacher:
Revd Paul Saunders

Stewards: Vestry Juliana Chapel: Francess Door: Francess

Sunday 11th Feb., 11.00am Preacher: Revd Paul Saunders

Stewards: Vestry Juliana Chapel: Francess Door: Francess

Sunday 18th Feb., 11.00am Preacher: Own Arrangement

Stewards: Vestry Juliana Chapel: Francess Door: Francess

Sun 25th Feb., 11.00am Preacher: Revd Preacher:
Revd Paul Saunders

Stewards: Vestry Juliana Chapel: Francess Door: Francess