

Rivercourt Methodist Church

Rivercourt News

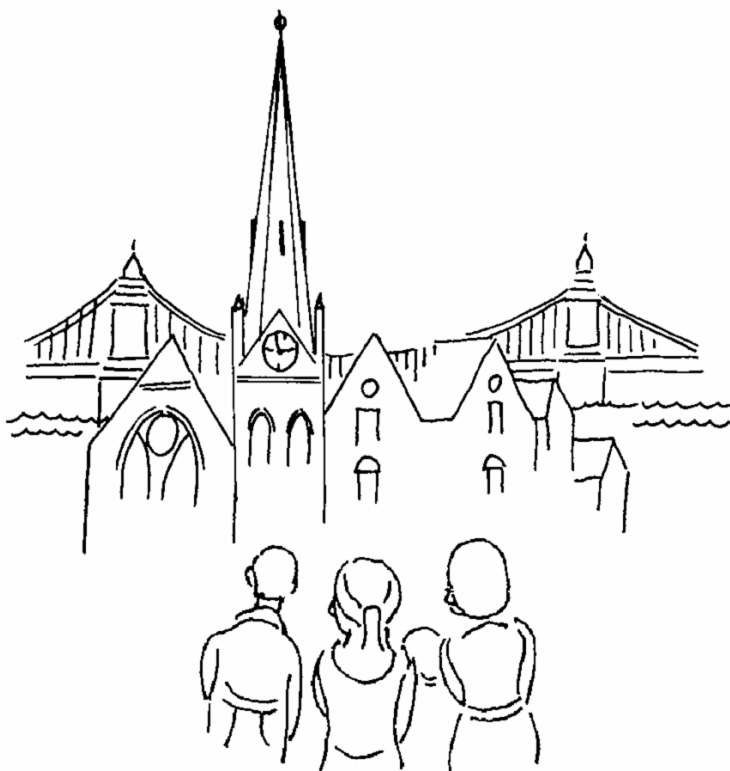
July/August 2017

Minister: Rev. Paul Saunders

Tel: 020 8740 7187

Mob: 07476 215 704

Email: rev.paul@paulandkina.com



Church Tel:

020 8741 1348

Church Address:

**King Street,
Hammersmith,
W6 9JT**

Email:

office@rivercourt.org.uk

Website:

www.rivercourt.org.uk

Happy to Help!

If you are interested in any items mentioned in the newsletter, want a confidential word, or have views that you would like to express, please contact any of the church stewards.

Philip

Sigourney

Juliana



Dates For Your Diary

July 2017

Mo	Tu	W	Th	Fr	Sa	Su
26	27	28	29	30	01	02
03	04	05	06	07	08	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	01	02	03	34	05	06

August 2017

Mo	Tu	W	Th	Fr	Sa	Su
31	01	02	03	04	05	06
07	08	09	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	01	02	03

15th July.,

Clear out of Church
Cupboards

19th August., 9.00am

Church Away Day to
Hastings (see item)

Thank yous:

Dr Nortey for once again organising the coach for the Church away day.

Juliana

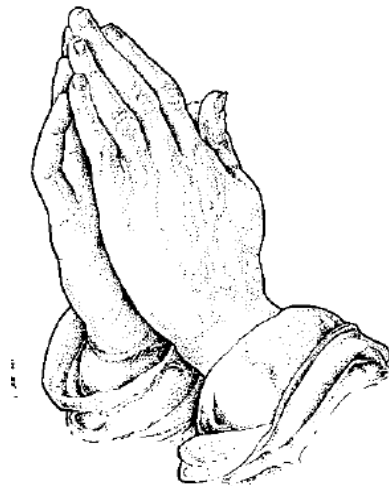
Please pray

for:

Those Church members who are unable to make it to Church.

Please pray for those who mourn the loss of their loved ones.

All those who will be going on the Church away day. Hope the weather holds up and the day is joyful.



**Our prayers are with you
all**

Church Away Day to Hastings



Saturday 19th August

£10 for adults

£5 for children under 16 years

Please join us for a bring and share picnic on the beach. This will take place when we arrive in Hastings.

Poets Corner

He Asks So Little and Gives So Much

What must I do
to ensure peace of mind?
Is the answer I'm seeking
too hard to find?
How can I know
what God wants me to be?
How can I tell
what's expected of me?
Where can I go
for guidance and aid
To help me correct
the errors I've made?
The answer is found
in doing three things.
And great is the gladness
that doing them brings...
"Do justice"- "Love kindness" –
"Walk humbly with God" –
For with these three things
as your rule and your rod,
All things worth having
are yours to achieve,
If you follow God's words
and have faith to believe.

Written by: Helen Steiner Rice
Submitted by Margaret

Cook's Corner

Chickpea and Spinach Curry

- Preparation time: 20 minutes plus soaking
- Cooking time: about 1 hour

Serves: 4

Ingredients

- 200g dried chickpeas
- 2 tablespoons sunflower oil
- 2 onions, thinly sliced
- 2 teaspoons ground coriander
- 2 teaspoons ground cumin
- 1 teaspoon hot chilli powder
- ½ teaspoon ground turmeric
- 1 tablespoon medium curry powder
- 400g canned chopped tomatoes
- 1 teaspoon soft brown sugar
- 100ml water
- 2 tablespoons chopped mint leaves
- 100g baby leaf spinach
- Salt
- Natural yoghurt, lightly whisked, to garnish

Method

1. Soak the chickpeas in cold water overnight. Drain, rinse and place in a wok. Cover with water and bring to the boil. Reduce the heat and simmer for 45 minutes or until just tender. Drain and set aside.

2. Meanwhile heat the oil in the wok, add the onions and cook over a low heat for 15 minutes until lightly golden. Add the coriander, cumin, chilli powder, turmeric and curry powder and stir for 1-2 minutes.

3. Add the tomatoes, sugar and the measured water and bring to the boil. Cover, reduce the heat and simmer gently for 15 minutes.

4. Add the chickpeas, season well and cook gently for 8-10 minutes. Stir in the chopped mint. To serve, divide the spinach leaves between 4 shallow bowls and top with the chickpea mixture. Drizzle over some yoghurt, if desired and serve immediately with steamed rice or bread.

For curry filled baked sweet potato, scrub, prick and bake 4 small sweet potatoes in a preheated oven at 200C, Gas mark 6 for about 1 hour, until tender. Split the sweet potatoes in half and fill with the curry. Top with yoghurt or soured cream.



TRAIDCRAFT
Fighting poverty through trade

When did you last learn something life changing?

This year our Summer Appeal is all about learning new skills.

Meet Asina, a Bangladeshi widow who struggles to earn enough to support her three children.

She has few resources except a small patch of land outside her home, unsuitable for growing most crops, but good for growing tea – a relatively new crop to the area of Bangladesh where Asina lives.

Asina has the ability and determination to learn the new tea cultivation skills that could improve her income - she just needs the opportunity.

That's where Traidcraft Exchange comes in. We provide training and tools so that people like Asina can learn new skills, like how to grow and market new crops on unused or infertile land.

These life changing skills help people like Asina to grow more and earn more, so they can enjoy a future where their families no longer live in poverty.

To support Traidcraft Exchange Summer Appeal visit traidcraft.org.uk/summer

Margaret

A message from the editor

As this is our double summer edition newsletter, covering the summer holidays. I want to take this opportunity to wish you all a happy summer holiday.

Why not write a piece telling us what you did over the summer? I can include it in the September edition of the newsletter.

If you wish to contribute to the September newsletter please let me know via any of the below mediums:

- via email to **office@rivercourt.org.uk** - include the word *newsletter* in the subject.
- Written items can be placed in the Newsletter Wallet which is available in the Church Lounge.
- By speaking directly to me following a Sunday service.

The deadline for the September edition is Sunday 27th August.

Kindest regards

Juliana

Services in the coming period

Sunday 02nd July, 11.00am Preacher: Mrs Georgina Olu-Davies

Stewards: Vestry Juliana Chapel: Philip Door: Philip

Sunday 09th July, 11.00am Preacher: Mr Monty Grigg

Stewards: Vestry: Juliana Chapel: Juliana Door: Juliana

Sunday 16th July, 11.00am Preacher: Dr Philip Nortey

Stewards: Vestry Juliana Chapel: Frances Door: Frances

Sunday 23rd July, 11.00am Holy Communion, Preacher: Revd Paul Saunders

Stewards: Vestry: Sigourney Chapel: Juliana Door: Juliana

Sunday 30th July, 11.00am Preacher: Mr Monty Grigg

Stewards: Vestry Philip Chapel: Juliana Door: Juliana

Sunday 06th August, 11.00am Holy Communion; Preacher: Revd Paul Saunders

Stewards: Vestry Juliana Chapel: Sigourney Door: Sigourney

Sunday 13th August, 11.00am Preacher: Revd Marylin
Neufville

Stewards: Vestry: Philip Chapel: Frances Door: Frances

Sunday 20th August, 11.00am Preacher: Revd Paul
Saunders

Stewards: Vestry Sigourney Chapel: Juliana Door: Juliana

Sunday 27th August, 11.00am Preacher: Mr Monty Grigg

Stewards: Vestry: Philip Chapel: Frances Door: Frances